



Therapy + psychiatry, working as a team.

A role-preserving referral path when a client may benefit from psychiatric evaluation or medication support.



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The referring therapist can remain the primary therapist. Psychiatric support does not automatically replace the existing therapeutic relationship.

THERAPIST

Continues the therapeutic work

- Maintains treatment goals, progress, and ongoing psychotherapy.
- Shares concise clinical observations that may inform the psychiatric evaluation.

WELLNESS RX

Adds psychiatric support

- Provides individualized psychiatric evaluation, education, and shared decisions.
- Prescribes and monitors medication when clinically appropriate.

A SIMPLE REFERRAL PATH

- 1 Share the referral page**
wellnessrx.co/refer
- 2 Patient reviews next steps**
Availability and insurance are checked before care.
- 3 Coordinate with authorization**
Exchange concise, clinically relevant updates securely.

REFER A CLIENT



wellnessrx.co/refer
505-226-4451

SHARE SECURELY, WHEN RELEVANT

Reason + goals

Current medications

Relevant history

Safety transitions