

Wellness Rx

Refer a patient for telehealth psychiatric care

Kevin Lazar, MSN, APRN, PMHNP-BC · Board-Certified Psychiatric Mental Health NP · NPI 1265397020

Current availability

- Telehealth psychiatry
- Currently accepting eligible patients located in New Mexico
- Washington coming soon
- Children age 8 and older, adolescents, and adults

Common referral reasons

- ADHD evaluation & medication management
- Depression
- Panic symptoms
- Sleep concerns
- Stress-related symptoms
- Anxiety
- PTSD & trauma-related symptoms
- OCD
- Mood concerns
- Men's mental health

New Mexico insurance

Aetna · Carelon Behavioral Health · Cigna

Coverage is verified before the visit and may vary by the patient's specific plan.

Refer or book a patient

Send your patient the link to book directly, or scan the code to refer.

care.headway.co/providers/kevin-lazar

Phone: (505) 226-4451

Email: WellnessRXPMHNP@gmail.com



Scan to refer

Metabolic-health or GLP-1 inquiries separate cash-pay program · wellnessrx.co/metabolic-health

Referrals and bookings do not guarantee patient acceptance, a specific prescription, appointment timing, or insurance coverage. Care is individualized following a clinical evaluation; medication decisions are based on clinical appropriateness, safety, and applicable regulations.

Crisis: If a patient is in a mental-health emergency, call 911 or call/text 988. Wellness RX is not an emergency service.